

DIPLOMA AND CERTIFICATE COURSES IN YOGA



Bhaikaka University,
Gokal Nagar, Karamsad - 388325



विद्या विमुक्तिदायिनी
Bhaikaka University
Instilling Purpose in Healthcare
Charutar Arogya Mandal, Karamsad

About BHAIKAKA University:

Formerly, the H.M. Patel Centre for Medical Care and Education, the Bhaikaka University is a promising destination for all students aspiring for a career in healthcare. Spread over 100 acres in Karamsad, the university is managed by Charutar Arogya Mandal and was conferred the status of a state private university on September 25, 2019. NABH-accredited multi-specialty tertiary care Shree Krishna Hospital having a capacity of over 1000 bed is one of the Constituent Institutes of Bhaikaka University offering opportunities for bright academic prospects through a spectrum of courses in healthcare.

Courses offered by the constituent institutions under the university:

- Pramukhswami Medical College: MBBS and Postgraduate courses
- Shri G. H. Patel School: General Nursing & Mid-wifery
- Institute of Nursing Sciences: B.Sc & M.Sc Nursing
- Shri K. M. Patel Institute of Physiotherapy: BPT, MPT, Certificate and fellowship courses in Physiotherapy
- Smt. L. P. Patel Institute of Medical Laboratory Technology : Diploma and M.Sc (Medical Laboratory Technology) courses
- CAM Institute of Allied Health Sciences & Technology : Under graduate, Post graduate & PG diploma courses
- Amrita Patel Centre for Public Health: MPH
- Ph.D in all disciplines

Last Date of sending admission form: 15th December, 2023

Yoga classes : Every Tuesday and Thursday, 5:15 pm to 6:45 pm

Place : Activity Centre, Bhaikaka University Campus, Karamsad.



Diploma in Yoga	Certificate Course in Yoga
Eligibility	
10+2 pass from a recognized Board or its equivalent body.	10 pass from a recognized Board or its equivalent body.
17 years above	15 years above
Students should be physically fit.	
Course Duration	
12 Months	04 Months
University Registration Fees	
Rs. 250/- at time of Registration	
Course fees	
Rs. 2500/- For Students	Rs. 1500/- For Students
Rs. 5000/- For Non-Students	Rs. 3000/- For Non-Students
Rs. 1200/- Exam Fees	Rs. 700/- Exam Fees
Syllabus	
Yoga science	Introduction to Yoga and yogic practices
Human body Science	Introduction to Yoga
Practice of Yoga, Pranayama, Yogik Kriyas etc.	Ashtanga yoga
Ayurveda and Naturopathy	Importance of Yoga for Physical and Mental Health

How to Apply

- By filling the application form available with the Department of Community Medicine, Pramukhswami Medical College, Shree Krishna Hospital, Karamsad, Gujarat on payment of Rs. 100 by cash.

OR

- By filling the application form after downloading it from www.bhaikakauniv.edu.in and sending scanned copy by email to info@bhaikakauniv.edu.in

OR

- By filling the Google Form: <https://forms.gle/qTQFRkrmUiXpqN4i8>
- For online submission to pay Rs. 100 as application form through NEFT/ RTGS. Please find below the bank details:

Bank details, for online fees payment	
Bank Name	AXIS Bank
Account Name	Bhaikaka University
Account Number	919020095966727
IFSC Code	UTIB0000038
Branch Code	038
Branch	Vallabh Vidyanagar
Type of A/C	Current A/C

OR

Payment by Demand Draft in the Name of
Registrar, Bhaikaka University, Karamsad



Bhaikaka University, Gokal Nagar, Karamsad - 388 325

www.bhaikakauniv.edu.in • Land line No. : 02692-228748, 228507 (9 am to 1 pm)

Mobile No. : 78619 45172 • Mail us on : info@bhaikakauniv.edu.in